

# > HELPING BUSINESS GET BACK TO WORK



## MEN'S NETBALL NSW COVID-19 Safety Plan



Updated 30 July 2020

### Community sporting competitions and full training activities

We've developed this COVID-19 Safety Plan to help you create and maintain a safe environment for you, your workers, volunteers and visitors.

Complete this plan in consultation with your workers and volunteers then share it with them. This will help slow the spread of COVID-19 and reassure your visitors that they can safely participate in activities. You may need to update the plan in the future, as restrictions and advice changes.

Organisations must follow the current COVID-19 Public Health Orders and manage risks to and other people in accordance with Work Health and Safety laws. For more information and specific advice for your industry go to [www.nsw.gov.au](http://www.nsw.gov.au)

Association and clubs should have COVID-19 Safety Coordinators in place who should ideally be responsible for the completion, review and upkeep of this document.

ORGANISATION DETAILS	
Organisation name:	Men's Netball NSW
Plan completed by:	Brent Ferguson - Public Officer and Karen Williams - Competitions Coordinator
In alignment with:	<b>The Return to Play Guidelines developed by Netball NSW</b>

### REQUIREMENTS FOR ORGANISATIONS

Requirements for your organisation and the actions you will put in place to keep your participants, volunteers and workers safe.

REQUIREMENTS	ACTIONS
<b>Wellbeing of volunteers, players, officials and visitors</b>	
<b>Exclude volunteers, parents/carers and participants who are unwell:</b>	<p>Before participating in any netball activity, we have advised all players, team officials, parents/carers and other Association/club members they must not attend training or matches, if in the past 14 days if they have:</p> <ul style="list-style-type: none"> <li>- been unwell or had any flu-like symptoms, or</li> <li>- been in contact with a known or suspected case of COVID-19, or</li> <li>- any sudden loss of smell or loss of taste, or</li> <li>- are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.</li> </ul>

	<p>Temperature testing will be taken with all volunteers, players and officials upon entry into any venue. Anyone with a temperature reading of 37.5 degrees or higher and also displaying COVID-19 symptoms will be asked to leave immediately. Anyone with a temperature reading of 37.5 or higher and displaying NO COVID-19 symptoms will be isolated for 15 minutes and then re-tested. Should it remain at 37.5 degrees or higher they will be asked to leave immediately.</p> <p>We have advised that they should check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection:  <a href="https://www.nsw.gov.au/covid-19/symptoms-and-testing">https://www.nsw.gov.au/covid-19/symptoms-and-testing</a></p>
<p><b>Provide volunteers with information and training on COVID-19, including when to get tested, physical distancing and cleaning, and how to manage a sick visitor:</b></p>	<p>Ensure, as far as reasonably practicable, all identified COVID 19 Safety Coordinators (at minimum) volunteers complete the COVID-19 Infection Control Training  <a href="https://covid-19training.gov.au/login">https://covid-19training.gov.au/login</a></p> <p>We have worked with Netball NSW to promote and encourage the use of the following resources and websites in order to obtain accurate information:</p> <ul style="list-style-type: none"> <li>- Australian Government Department of Health:  <a href="https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert">https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert</a></li> <li>- NSW Government Department of Health:  <a href="https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx">https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx</a></li> <li>- World Health Organisation: <a href="https://www.who.int/">https://www.who.int/</a></li> <li>- Australian Institute of Sport: <a href="https://ais.gov.au/health-wellbeing/covid-19">https://ais.gov.au/health-wellbeing/covid-19</a></li> <li>- Sport Australia: <a href="https://www.sportaus.gov.au/">https://www.sportaus.gov.au/</a></li> <li>- Netball NSW COVID-19 Toolkit: <a href="https://nsw.netball.com.au/covid-19-toolkit">https://nsw.netball.com.au/covid-19-toolkit</a></li> </ul> <p>Similarly, we have promoted the range of COVID-19 “campaign resources’ produced by the Federal Government, including posters outlining hygiene practices (e.g. promoting thorough hand washing) found at:  <a href="https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources">https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources</a></p>
<p><b>Display conditions of entry (website, social media, venue entry):</b></p>	<p>We will display posters, distribute and “share” information about COVID-19 across our digital channels and at appropriate locations around our chosen training and competition venue(s).</p> <p>Where appropriate, we will identify and address potential language, cultural and disability barriers associated with communicating COVID-19 information to players, members and other stakeholders.</p> <p>In conjunction with our state governing body, Netball NSW, we have developed and promoted amongst our members and stakeholders, a range of resources on COVID-19. These can be downloaded <a href="#">here</a>.</p>

Wellbeing of volunteers, players, officials and visitors	
<p><b>If hiring the facility, consult with the owners/operators to address these requirements to understand what measures may already be in place:</b></p>	<p>We have to date, and will continue to liaise and work with our venue owners - e.g. Local Councils, schools (public/private), or private owners to comply with any specific requirements they may have.</p> <p>MNNSW will undertake a risk assessment of all venues being utilised and determine physical distancing protocols to be used within shared facility spaces (e.g. bar/canteen, change rooms, toilets, spectator viewing areas, entrance foyers, corridors and club house/rooms), and where appropriate, have clearly marked with tape and/or signage.</p> <p>We have and will continue to encourage individuals to be respectful of shared space, minimise time spent in these areas and observe physical distancing measures.</p>
<p><b>Ensure processes are in place to exclude participants (including spectators and officials) if they have visited Victoria in the 14 days prior.</b></p>	<p>We will regularly (weekly) communicate - and require clubs attending our venue to communicate to their members - that any players, team officials, parents/careers and other Association or Club members <b>must not attend</b> training or matches, if they have visited Victoria in the past 14 days.</p> <p>This will be done through a combination of emails, direct communication (ie Team App etc), PA announcements, social media, and signage.</p>
<p><b>Ensure processes are in place to exclude participants (including spectators and officials) if they have attended any of the reported case locations listed on the NSW Health website (nsw.gov.au/covid-19/latest-news-and-updates).</b></p>	<p>We will regularly (weekly) communicate - and require clubs attending our venue to communicate to their members - that any players, team officials, parents/careers and other Association or Club members <b>must not attend</b> training or matches, if they have attended a reported case location.</p> <p>We will encourage everyone attending the venue to view the NSW Health website prior to attending to double-check the latest case locations at: <a href="https://www.nsw.gov.au/covid-19/latest-news-and-updates">https://www.nsw.gov.au/covid-19/latest-news-and-updates</a></p> <p>This will be done through a combination of emails, direct communication (ie Team App etc), PA announcements, social media, and signage.</p>
<p><b>Take all reasonable steps to minimise the number of spectators attending community sport events.</b></p>	<p>Minimal spectators are allowed at the courts. Wherever possible we are limiting entry to one spectator (Parent or guardian) per participant for Junior sport. We understand this is not always possible, but we will endeavor to educate our members to be sensible in these exceptional times. For our senior timeslot where possible we will request that no spectators attend the matches.</p> <p>Spectators not from the same household will be reminded to social distance on the sidelines of all games and in the congregation areas throughout the day. This will be done through PA announcements, social media, direct communication and signage.</p>

<p><b>If sufficient numbers to field teams cannot be achieved, prioritise delaying the event rather than substituting with people from other teams or from the community.</b></p>	<p>We will promote and communicate the importance of the wellbeing of our members and have amended our competition rules to suit this situation, such as deeming affected matches a 'draw' rather than a 'forfeit'. We will ensure that teams do not borrow players from other teams to be able to compete in matches.</p> <p>Wherever possible we will not allow players to substitute into another team and will not punish teams who are unable to play due to COVID-19 restrictions.</p>
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REQUIREMENTS	ACTIONS														
<b>Physical distancing</b>															
<p><b>Ensure the number of people in a facility does not exceed one person per 4 square metres (excluding ) to a maximum of 500 people:</b></p>	<p><b>Proposed total numbers per court</b></p> <table border="1" data-bbox="496 824 1232 1093"> <thead> <tr> <th></th> <th>Min</th> </tr> </thead> <tbody> <tr> <td>Players (7) and substitutes (3) x 2</td> <td>20</td> </tr> <tr> <td>Team Officials (2 per team)</td> <td>4</td> </tr> <tr> <td>Umpires</td> <td>2</td> </tr> <tr> <td>Scorers</td> <td>2</td> </tr> <tr> <td>Parent / Spectators</td> <td>0</td> </tr> <tr> <td><b>Average sum of people per game</b></td> <td><b>28</b></td> </tr> </tbody> </table> <p>The minimum number per court will be dependent on venue (ie number of courts in operation and configuration). Numbers may increase moderately from 28 people, however this needs to be monitored carefully.</p> <p><b>Consideration around the 500 participants</b></p> <p>The current Public Health Order directs the organiser of a community sporting activity must ensure that gathering for the activity involved has no more than 500 participants, at any one time.</p> <p>Participants include the following</p> <ol style="list-style-type: none"> <li>A person engaged in the sporting activity</li> <li>An official involved in the conduct or organization of the sporting activity</li> <li>A spectator of the sporting activity</li> </ol> <p>In order to ensure compliance with the order the following options will be used as required:</p> <ul style="list-style-type: none"> <li>Limiting the number of spectators allowed</li> <li>Longer gaps between games</li> <li>Ensure there is a safe drop off and pick up point for participants, similar to "kiss and drop" at schools</li> </ul>		Min	Players (7) and substitutes (3) x 2	20	Team Officials (2 per team)	4	Umpires	2	Scorers	2	Parent / Spectators	0	<b>Average sum of people per game</b>	<b>28</b>
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	<ul style="list-style-type: none"> <li>● Organised collection points for participants for coaches / managers of teams</li> <li>● Limiting the number of courts in use at any one time</li> <li>● Competitions played across multiple days</li> <li>● Competitions being played at night under lights</li> <li>● Competitions being played across multiple venues</li> <li>● Splitting of venues into separate discrete areas</li> </ul> <p>Consideration of available playing options to staying within the 500 participants limit</p>
<p><b>Minimise co-mingling of participants from different matches and timeslots where possible:</b></p>	<p>MNNSW have scheduled matches and have arranged training days and times to minimise contact, cross-over and avoid unnecessary gatherings of players, family members and volunteers.</p> <p>Wherever possible, we will schedule time between matches/training sessions, to enable all attendees to arrive and exit the venue safely, with minimal contact with others.</p> <p>We will communicate with players and team to encourage personal equipment and bags are arranged to maintain adequate physical distancing of participants and separation between teams.</p> <p>Wherever necessary, we have identified separate entry and exit points to the venue via signage and communicated this to participants and parents/carers.</p>
<p><b>Ensure any spectators comply with 1.5 metres physical distancing where practical, such as through staggered seating. People who live in the same household are not required to distance. Have strategies in place to prevent spectators from different matches and timeslots co-mingling.</b></p>	<p>Parents/spectators may attend matches, however only 1 parent / Guardian per child under 18 is allowed at present. This decision is based on current guidelines from NSW Health and may be amended in accordance with public health orders.</p> <p>We will take the necessary precautions to minimise the risk of transmission including the dispersion of spectators around the perimeter of the court and across a range of viewing areas and designating the use of specific seats/areas that meet physical distancing requirements and erecting signage to advise.</p> <p>We will encourage players and spectators to leave the facility as soon as possible following the conclusion of their training/matches.</p>

<p><b>Have strategies in place to manage gatherings that may occur immediately outside the premises, such as with drop off and pick up zones or staggered start/finish times:</b></p>	<p>We will stagger arrival and/or departure times when possible for different groups and teams, and within the constraints of the venue design, manage entry and exit points to allow a seamless flow of players/coaching and parents/spectators through the venue to limit the risk of overlap and congestion.</p>
<p><b>Reduce crowding wherever possible and promote physical distancing with markers on the floor:</b></p>	<p>We will promote and communicate the importance of social distancing of 1.5 metres between spectators (e.g parents/carers). This will be done through PA announcements, marked seating, social media, direct communication and signage.</p> <p>We will indicate the number of people that can occupy indoor spaces in accordance with the 4m<sup>2</sup> guideline including toilets, change rooms, canteens, club rooms etc.</p>
<p><b>Assess the safe capacity of communal facilities such as showers, change rooms and lockers. Communicate this at their entrance and have strategies in place to reduce crowding and promote physical distancing:</b></p>	<p>We will limit the use of changerooms, gym, wet or inside areas to essential players and team officials and clean these spaces regularly.</p> <p>We will indicate the number of people that can occupy indoor spaces in accordance with the 4m<sup>2</sup> guideline including toilets, change rooms, canteens etc.</p> <p>Toilets will be open for public use and will display clear signage to indicate the recommended number of people entering (dependent on the space of the amenities).</p>
<p><b>Where practical, stagger the use of communal facilities. Strongly encourage participants to shower/change at home where possible:</b></p>	<p>We will limit the use of changerooms, gym, wet or inside areas to essential players and team officials and clean regularly.</p> <p>We will encourage all participants to shower/change at home where possible.</p>
<p><b>Use telephone or video platforms for essential meetings where practical:</b></p>	<p>When held, we will conduct club and team meetings via virtual meeting platforms such as Zoom, Facetime, Teams and so on, in place of face-to-face meetings. If we need to meet face-to-face, we will keep the time to a minimum, implement social distancing requirements by ensuring maximum room allowances are not exceeded and ask that participants sit more than 1.5m apart.</p>

REQUIREMENTS	ACTIONS
<b>Hygiene and Cleaning</b>	
<b>Adopt good hand hygiene practices:</b>	<p>We will wipe down key spaces, surfaces and objects (such as benchtops, door handles, team benches etc regularly).</p> <p>Further we will:</p> <ul style="list-style-type: none"> <li>- Promote and provide hand washing guidance to all participants and volunteers (<a href="http://www.who.int/gpsc/clean_hands_protection/en/">http://www.who.int/gpsc/clean_hands_protection/en/</a>);</li> <li>- Promote regular and thorough hand washing by volunteers and participants;</li> <li>- Provide sanitising hand rub within the venue and refill regularly;</li> <li>- Ensure the venue replace/refill soap in toilets regularly;</li> <li>- Place bins around the venue.</li> </ul>
<b>Ensure hand sanitiser is accessible at the venue entry and throughout the facility or ground:</b>	<p>We will provide hand sanitiser for our participants within the venue and ensure it is regularly refilled.</p> <p>We will encourage players, officials, volunteers, and/or their parents/carers to carry personal hand sanitiser to enable good personal hygiene.</p>
<b>Ensure bathrooms are well stocked with hand soap and paper towels:</b>	<p>We will ensure the venue:</p> <ul style="list-style-type: none"> <li>- Refill soap in toilets regularly.</li> <li>- Refill paper towel dispensers in toilets when required.</li> <li>- Place bins around the venue.</li> <li>- Has adequate signage regarding hand washing</li> </ul>
<b>Encourage participants to bring their own water bottle, snacks/orange slices and sweat towels. Avoid shared food and drinks:</b>	<p>We will stipulate that all participants are to provide their own clearly labelled drink bottle for their use only.</p> <p>We will communicate to all participants the importance of not sharing any food or drinks.</p> <p>We will not provide any communal drink or food for players such as drink drums, packets of lollies, fruit etc.</p>

<p><b>Ensure processes are in place to launder shared uniform items after use, such as bibs or jerseys:</b></p>	<p>Our players are responsible for the cleaning of their own playing and training uniforms and will avoid the sharing of articles of clothing (excluding playing patches or bibs).</p> <p>If away at a National tournament, where it is not possible for individuals to wash individual items, we encourage safe processes are in place to launder shared uniform items such as non-contact collection of these items (ie. players to place gear directly into a plastic bag or washing machine) and the wearing of gloves when laundering.</p> <p>Ideally there should be a minimum of 1 set of bibs per team and should be washed at the completion of each use. We understand that players may change position during a game, but that same set should not be used again without disinfecting.</p>
<p><b>Clean frequently touched areas and surfaces, including in communal facilities, several times per day:</b></p>	<p>We will clean frequently used spaces, surfaces and objects regularly.</p>
<p><b>Reduce sharing of equipment where practical and ensure these are cleaned with detergent and disinfectant between use:</b></p>	<p>Within the constraints of the game, we will implement arrangements to minimise the shared use of equipment where possible.</p> <p>Players and coaching will be encouraged to not share personal equipment including playing equipment, uniforms, bibs, drink bottles and towels.</p> <p>We will discourage the sharing of common stationery (pens, clip boards etc.) and other personal IT equipment (laptops, iPads, headphones, etc).</p> <p>Our Competition Administrators will remind Technical officials to not share personal equipment such as whistles and pens.</p> <p>Shared equipment (particularly netball and bibs) will be rotated or washed and wiped with antibacterial wipes or alcohol-based sanitiser prior to each match.</p>
<p><b>Ensure there is accessible detergent/disinfectant and gloves for visitors to use, should they wish:</b></p>	<p>We will make soap or disinfectant/sanitiser available in common areas for visitors to access.</p>
<p><b>Disinfectant solutions need to be maintained at an appropriate strength and used in accordance with the manufacturers' instructions:</b></p>	<p>We will store sanitisers, disinfectant solutions and detergents appropriately and use them in accordance with the manufacturer's instructions.</p>



<p><b>Volunteers and administrators are to wear gloves when cleaning and wash hands thoroughly before and after with soap and water:</b></p>	<p>We will encourage volunteers and to wear gloves when cleaning and wash their hands thoroughly before and after with soap and water.</p>
<p><b>Encourage contactless payment options:</b></p>	<p>For the purpose of this document, we do not sell food/beverages or handle cash as part of our association's operations. Our fee structure and registration process is all online which ensures contactless electronic payment.</p>

REQUIREMENTS	ACTIONS
<p><b>Record Keeping</b></p>	
<p><b>Keep a record of name and a mobile number or email address for all , volunteers, participants, spectators and contractors attending community sports activities for a period of at least 28 days. Ensure records are used only for the purposes of tracing COVID-19 infections and are stored confidentially and securely:</b></p>	<p>All players, coaches, team officials, technical officials and volunteers are required to register and provide contact details through Netball Australia's National online registration system - MyNetball.</p> <p>All fixtures are administered through an online Competition Management System (CMS). If required the Competition Administrator can identify which clubs, specific teams, players, team officials and technical officials participated in any given fixture. The CMS is also complemented by team sheets.</p> <p>For the purposes of contact tracing, accompanying parents/spectators will be able to be contacted through the relevant players' mandatory online registration and we will use an online check-in process as well.</p> <p>We have encouraged all participants to download the COVIDSafe App.</p>
<p><b>Make your and volunteers aware of the COVIDSafe app and its benefits to support contact tracing if required:</b></p>	<p>So as to further aid the fight against COVID-19, Men's Netball NSW and Netball NSW support the Australian Government's COVIDSafe app and have strongly encouraged all members of the netball community to get behind this initiative.</p> <p>We have encouraged members of our association to download the app from the Apple App store and Google Play.</p>
<p><b>We commit to cooperate fully with NSW Health if contacted in relation to a positive case of COVID-19 and notify SafeWork NSW on 13 10 50.</b></p>	